

DOPSY SYMPOSIUM 2026

September 7-9, 2026

Helsinki - Stockholm - Helsinki Aboard M/S Silja Symphony

MONDAY 7th of September

10:00 Arrival at Helsinki Harbour, Olympia Terminal lobby

Boarding passes to the boat and welcome on Board

11:30 Gathering at the Conference Deck

Coffee and light lunch served

11:45 Opening

Dopsy chair, Juha Salmitaival

12:00 -17:30 Symposium Sessions

12:00-13:30

SESSION I, Chair Kati Heinonen-Tuomaala

Speaker	Title
Sini Hyvämäki	<i>Understanding Sleep Disturbances During the Transition to Parenthood</i>
Ville Junttila	<i>Does Self-Transcendence Slow Epigenetic Aging? Disentangling Stable Traits, Change, and Psychosocial Risk Factors in the Young Finns Study</i>
Oona Karhunen	<i>Pretreatment Motivation in Student Well-being Promoting Interventions: Predicting Engagement and Effectiveness</i>
Maria Konttinen	<i>The Effects of Early Stressors on Adolescent Stress Responses</i>
Mariasole Villa	<i>How Toddlers Regulate Their Behaviour During a Waiting Task: Differences Related to Autistic Traits</i>
Hanzhong Zhang	<i>Infants' Likelihood of Gazing at the Caregiver's Face During Natural Interaction Increases When Caregiver Vocalizations or Movement Cease</i>

13:45-14:30

SESSION II, Chair Riikka Korja

Speaker	Title
Janni Forsell	<i>Social Connection in Neurodivergent Children</i>
Marie Halme	<i>Socioeconomic Factors and the Mental Health Care Gap: Evidence for Diverging Treatment Paths from the Finnish Adult Population</i>
Mia Huolman	<i>Assessment of Trauma and Dissociation</i>
Elisa Petroni	<i>Voice Dynamics and Interpersonal Synchrony in Naturalistic Social Interaction: Emerging Questions and Methodological Possibilities</i>
Henna Mattila	<i>Short Oral presentation</i>

15:00-16:00

SESSION III, Chair Ilmari Määttänen

Speaker	Title
Juho Toivola	<i>How Does Availability of Labour Shape Personnel Selection Criteria? An Interview Study on Finnish Employers' Recruitment Practices</i>
Sadiq Mobeen	<i>ERP Responses to Auditory and Visual Presentation of Magnitudes and Quantities in Adults</i>
Veikka Lavonius	<i>The Phenotypic Effects of Genetic Risk for Schizophrenia in General Population: Findings from the Young Finns Study</i>
Shaghayegh Ghaffaripour	<i>Pathways to Depletion: The Interplay of Work Demands, Resources, and Remote Work on Employee Capacity via Burnout</i>

16:15-17:15

SESSION IV, Chair Terhi Helminen

Speaker	Title
Ville Loukola	<i>The Effects of the Russo-Ukrainian War in Threatening Dream Content and Its Predictors in a Finnish Dream Diary Sample</i>
Yuriy Nazar	<i>Posttraumatic Growth among Ukrainian Practising Psychologists: Empirical Verification of the Axiopsychological Model</i>
Anastasiia Valiavko	<i>Translation and Validation of Rape Myth and Empathy Scales in Ukrainian</i>
Viivi Laamanen	<i>Parental Traumatic Experiences and Offspring Compassion: Evidence for Intergenerational Posttraumatic Growth from the Young Finns Study</i>

16:45 Boatdeparture from Helsinki

17:30 To the cabins

19:30 Dinner at **Grande Buffet**

TUESDAY, 8th of September 2026 (*Local Time*)

07:00-09:00 Breakfast

10:00 Gathering at the Conference Deck

10:00 Arrival in Stockholm (Värtan Harbour)

10:00-15:00 Free Time in Stockholm

Participants are encouraged to organize activities and excursions via Slack groups before the symposium.

15:30 Gathering at the Conference Deck: Coffee served

15:30 - 17:00 Poster session

NOTE *"Wanted Talents" Showcase: Participants are invited to perform music, comedy, poetry, magic, or other talents as part of the symposium closing program.*

16:30 Departure from Stockholm (Värtan Harbour)

17:00 Awards and Closing Ceremony

20:00 Dinner at **Tavolàta Ristorante Italiano**

WEDNESDAY, 9th of September 2026

07:00-09:00 Breakfast

10:30 Arrival in Helsinki (Olympia Terminal)

THANK YOU!