



PT CUSTOMER BACKGROUND INFORMATION

* Obligatory fields

Date

* Name

* Email

Gender

* Age

* University

* Student Staff member

Weight

Height

Where did you find out about SportUni personal training services?

* Sports background in short / favorite sports?

* Possible factors restricting or limiting your physical activity (injuries, illnesses etc.)?

* What kind of goals do you have regarding exercising?

* How much time per week you are able to use for exercising in total? You can answer in times, minutes, hours.

* Wishes for personal training?

Other comments?